

The hug

A BBC Report

The woman in the video, Tonya Trumbo, is a teacher and told the BBC she was there to support several of her students as they took part in demonstrations.

"Even though I was trying to be the role model and be in control, my emotions spilled over," said Tonya.

As she found herself chastising police officers nearby, one beckoned her over.

"He just whispered 'Are you OK?' and my emotions spilled right over into his arms," she said. "I was able to feel safe for just a moment. I was just happy the kids were able to see that."

Despite the hug, Tonya said, tearfully, that she was "not OK."

"Even after that happened, here in Louisville, Kentucky, I got up [the next] morning and we had somebody else who was shot by a police officer in our neighbourhood".

"We don't even have a relationship with the police officers anymore," she added. "It's gone from protecting and serving to just policing."

